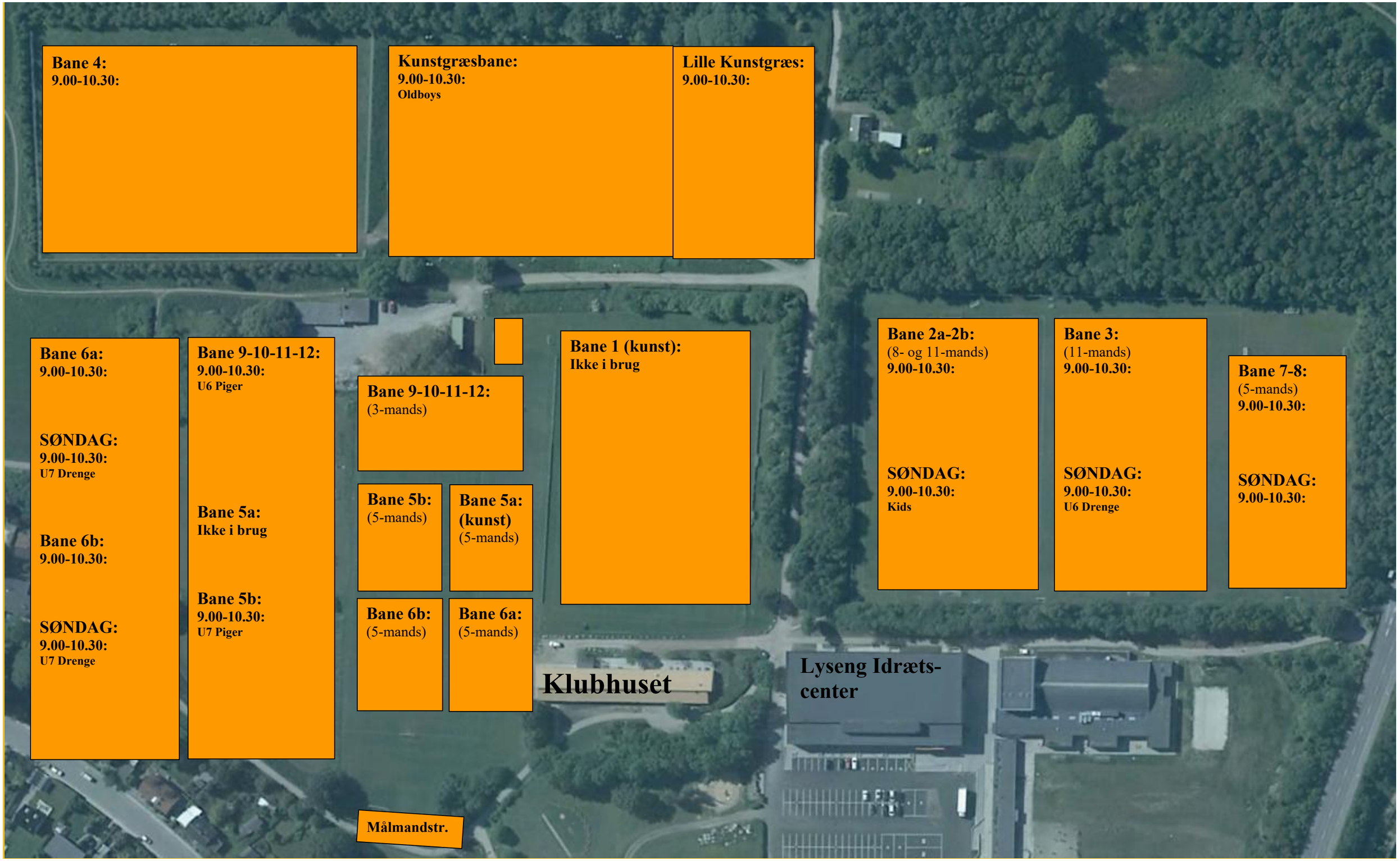LØRDAG OG SØNDAG